

### **HIGHLIGHTS OF PROFESSIONAL EXPERIENCE**

- **Third party provider** with Cann Amm Occupational Testing Services, Inc. since 2016, with Health Canada Non-insured Health since 2017, and with Lifeworks-Ceridian EAP since 2018.
- Comprehensive Aftercare **Assessments, Treatment Planning, and Counseling** with more than 100 participants in the Webequie First Nation Drug Strategy Program 2011-2018
- Collaborated with remote and isolated First Nations to innovate and apply an **approach to evaluation which uses direct-to-person psychoeducation, counselling, and goal-setting** founded in stages of change, motivational theory, and open space design since 2011
- Skillful application of a **range of counseling, coaching, and psychoeducational approaches** in various sectors and jurisdictions across Ontario, involving diverse clients using individual, small group, and large group formats since 1999 as an independent professional
- 35 years' experience advising, designing, evaluating, continuously improving, and supervising **innovative service models and team structures** for client services in agencies
- Facilitated **academic and career counselling, career mentorship, stress management interventions** and community-based training with high risk youth and trauma-affected adults (1988-1991; 2001-2007) in consulting and voluntary sector roles and as an employer
- Well-developed skills in **community development, team building, participatory inquiry, and adult education** which I achieved through formal education, practice in contexts, on-the-job training, and mentorship of seasoned professionals since 1984
- Virtually connected with **clinical supervision, learning, and professional networking circles** focused on strengthening proficiencies in a wide variety of therapeutic approaches

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### **University Education: Degrees and Certificates**

<b>Master of Arts – Sociology, Thesis – Cultural Safety in Clinical Services</b> <i>Lakehead University</i>	<b>2015</b> <i>Thunder Bay</i>
<b>Professional Certificate in Psychology, Thesis – Stress &amp; Adaptation</b> <i>Ryerson University</i>	<b>2015</b> <i>Toronto</i>
<b>Post Graduate Food &amp; Nutrition Policy Certificate, Thesis -- Cultural Survival</b> <i>Ryerson University</i>	<b>2007</b> <i>Toronto</i>
<b>Honours Bachelor of Arts – Sociology, Thesis – Engaging Multiculturalism</b> <i>Trent University</i>	<b>1987</b> <i>Peterborough</i>

### **Non-degree Training**

<b>Certified Family Trauma Professional</b> <i>International Association of Trauma Professionals (PESI)</i>	<b>2018</b> <i>USA</i>
<b>Anger Management Treatment Professional</b> <i>International Association of Trauma Professionals (PESI)</i>	<b>2018</b> <i>USA</i>
<b>Mastering DSM-5 and ICD-10 Diagnosis, A Symptom-based Approach</b> <i>Professional Education Systems Institute (PESI)</i>	<b>2018</b> <i>USA</i>
<b>Pharmacology for Counsellors</b> <i>Canadian Addiction Counsellors Certification Federation (DE)</i>	<b>2017</b> <i>Scotland</i>

<b>Cognitive Behavioural Therapy Certificate</b> <i>Glasgow University, Institute of Counselling (DE)</i>	<b>2012</b> <i>Scotland</i>
<b>Person-Centred Counseling Certificate</b> <i>Glasgow University, Institute of Counselling (DE)</i>	<b>2010</b> <i>Scotland</i>
<b>Certificate in Case Management: Collaboration &amp; Communication</b> <i>University of Manitoba</i>	<b>2008</b> <i>Winnipeg</i>
<b>Frontline Helper Certificate: Victim Crisis Assistance Referrals Program</b> <i>Ontario Ministry of Attorney General-Victim Services Program [40-hrs]</i>	<b>2008</b> <i>Thunder Bay</i>
<b>Working with Youth and Concurrent Disorders</b> <i>Centre for Addictions and Mental Health</i>	<b>2003</b> <i>Toronto</i>

## **Certification and Credentials**

<b>Registered Psychotherapist</b> <i>College of Registered Psychotherapists of Ontario</i>	<b>2017</b> <i>CRPO</i>
<b>Canadian Certified Addiction Counsellor</b> <i>Canadian Addictions Counsellors Certification Federation</i>	<b>2016</b> <i>CACCF</i>
<b>Certified Family Trauma Professional</b> <i>International Association of Trauma Professionals</i>	<b>2018</b> <i>IATP</i>
<b>Anger Management Treatment Professional</b> <i>International Association of Trauma Professionals</i>	<b>2018</b> <i>IATP</i>

## **Memberships and Affiliations**

<b>Ontario Association of Consultants, Counsellors, Psychometrists &amp; Psychotherapists</b> <i>General Member</i>	<b>2016</b> <i>OACCP</i>
<b>Canadian Addictions Counsellors Certification Federation</b> <i>Certified Member</i>	<b>2016</b> <i>CACCF</i>
<b>Canadian Counselling &amp; Psychotherapy Association</b> <i>General Member</i>	<b>2016</b> <i>CCPA</i>
<b>Therapy Mastermind Circle (Diane Poole-Heller, PhD)</b> <i>Continuing Education/Clinical Supervision</i>	<b>2016</b> <i>TMC</i>
<b>Canadian Evaluation Society</b> <i>General Member</i>	<b>2004-2016</b> <i>CES</i>
<b>Ontario Professional Planners' Institute</b> <i>Pre-candidate Member (Prior Learning Assessment for considering certification)</i>	<b>2016</b> <i>OPPI</i>

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